URL: <http://www.ivorjlim.com/>

Dr Lim remains active in research, and continues to run the [Skin Cell Research](http://www.ivorjlim.com/surgeon/Surgeon_Research_Achievements/) Group laboratories at the National University of Singapore with Dr Phan Toan Thang. He was the first Singaporean to present his research work at the North American [Plastic Surgery](http://www.ivorjlim.com/procedures/) Research Council, and received [the Saleh M Shenaq International Research Award](http://www.ivorjlim.com/surgeon/Surgeon_Awards/) for his ground breaking work on [scar and keloid biology](http://www.ivorjlim.com/surgeon/Surgeon_Research_Achievements/). Dr Lim is also co-inventor for 2 patents related to [stem cells and tissue engineering applications](http://www.ivorjlim.com/surgeon/Surgeon_Research_Achievements/).

**Facilities**

|  |  |
| --- | --- |
| • | 2 X Treatment Rooms - full facilities |
| • | Full OP theatre |

**Rooms**

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| • | Spacious and private Consultation Room with [facilities for examination](http://www.ivorjlim.com/surgical_facilities) and [pre-post operative photography](http://www.ivorjlim.com/surgical_facilities) |
| • | [Dedicated Laser Room](http://www.ivorjlim.com/surgical_facilities) featuring the latest [Carbon Dioxide and Pigment (Nd:YAG) Lasers](http://www.ivorjlim.com/surgical_facilities) |
| • | [Treatment room](http://www.ivorjlim.com/surgical_facilities) for Thermage procedures, Radiofrequency Light Therapy treatments, Botox and Filler injections. |
| • | Ministry of Health [certified Operating Theatre](http://www.ivorjlim.com/surgical_facilities) with full [General Anaesthetic](http://www.ivorjlim.com/surgical_facilities) or [Twilight Anaesthesia (IV sedation) capabilities](http://www.ivorjlim.com/surgical_facilities) and [state-of-the-art patient monitoring](http://www.ivorjlim.com/surgical_facilities) and [resuscitation apparatus](http://www.ivorjlim.com/surgical_facilities). |
| • | [Spacious and private Recovery Area](http://www.ivorjlim.com/surgical_facilities) for two patients with attached bathroom and individual vanity tops with lockers |



Plastic surgical procedures:

# [Cosmetic Surgery](http://www.ivorjlim.com/procedures/surgery_procedures) - [Surgical Procedures](http://www.ivorjlim.com/procedures/surgery_procedures)

[Cosmetic Surgery](http://www.ivorjlim.com/procedures/surgery_procedures/), also known as [Aesthetic Surgery](http://www.ivorjlim.com/procedures/surgery_procedures/), is a specialized branch of [Plastic Surgery](http://www.ivorjlim.com/) which traces its roots to [reconstructive surgery](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/), and is performed to improve a person’s appearance and self confidence by reshaping or rejuvenating facial and body features

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| --- | --- |
| • | **Face, Eyes and Ears** |
|  | [Brow Lift](http://www.ivorjlim.com/procedures/surgery_procedures/Brow_Lift) |
|  | [Chin, Cheek and Jaw Contouring](http://www.ivorjlim.com/procedures/surgery_procedures/Chin_Cheek_and_Jaw_Contouring) |
|  | [Dimple Creation](http://www.ivorjlim.com/procedures/surgery_procedures/Dimple_Creation) |
|  | [Double Eyelid Creation](http://www.ivorjlim.com/procedures/surgery_procedures/Double_Eyelid_Creation) |
|  | [Eyebag Surgery](http://www.ivorjlim.com/procedures/surgery_procedures/Eyebag_Surgery) |
|  | [Ear Surgery](http://www.ivorjlim.com/procedures/surgery_procedures/Ear_Surgery) |
|  | [Eyelid Surgery](http://www.ivorjlim.com/procedures/surgery_procedures/Eyelid_Surgery) |
|  | [Nose Implant Surgery](http://www.ivorjlim.com/procedures/surgery_procedures/Nose_Implant_Surgery) |
|  | [Nose Reshaping Surgery](http://www.ivorjlim.com/procedures/surgery_procedures/Nose_Reshaping_Surgery) |
|  |  |
| • | **Body and Upper Torso** |
|  | [Tummy Tuck](http://www.ivorjlim.com/procedures/surgery_procedures/Tummy_Tuck) |
|  | [Breast Enlargement](http://www.ivorjlim.com/procedures/surgery_procedures/Breast_Enlargement) |
|  | [Breast Lift](http://www.ivorjlim.com/procedures/surgery_procedures/Breast_Lift) |
|  | [Breast Reduction](http://www.ivorjlim.com/procedures/surgery_procedures/Breast_Reduction) |
|  | [Hand Aesthetic Surgery](http://www.ivorjlim.com/procedures/surgery_procedures/Hand_Aesthetic_Surgery) |
|  | [Face Lift / Neck Lift](http://www.ivorjlim.com/procedures/surgery_procedures/Facelift_Necklift) |
|  |  |
| • | **All Areas** |
|  | [Liposuction](http://www.ivorjlim.com/procedures/surgery_procedures/Liposuction) |

Minimal invasive procedures:

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| Patients who may not be able to take time out for [surgical procedures](http://www.ivorjlim.com/procedures/) may opt for [minimally invasive](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/) low downtime procedures for [cosmetic](http://www.ivorjlim.com/procedures/surgery_procedures/) improvement which allow rapid return to normal activities |
| |  |  | | --- | --- | | • | **Skin Rejuvenation and Pigment Removal** | |  | [Acne Skin Therapy](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/Acne_Skin_Therapy) | |  | [APTOS Surgery](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/APTOS) | |  | [Chemical Skin Peels](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/Chemical_Skin_Peels) | |  | [LASER Skin Peel](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/LASER_Skin_Peel) | |  | [Skin Rejuvenation Therapy](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/Skin_Rejuvenation_Therapy) | |  | [Ultrasonic Microdermabrasion and Sonophoresis](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/Ultrasonic_Microdermabrasion_and_Sonophoresis) | |  |  | | • | **Non-Surgical Facial Contouring and Tightening** | |  | [Botox](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/Botox) | |  | [Injectable Fillers](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/Injectable_Fillers) | |  | [Thermage Non-surgical Facelift](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/THERMAGE_Non-Surgical_Facelift) | |  |  | | • | **Veins** | |  | [Spider Vein Removal](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/Spider_Vein_Removal) | |  |  | | • | **Hair** | |  | [Hair Permanent Removal](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/Hair_Permanent_Removal) | |

**Reconstructive plastic surgery:**

[Reconstructive plastic surgery](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/) deals with correcting bodily abnormalities, such as [birth defects](http://www.ivorjlim.com/procedures/hand_surgery_procedures/), disease, ageing, infections and others. This form of surgery is not cosmetic, meaning it does not aim to enhance a person’s appearance. Instead, it restores the body to normality. This can result in [correcting a person’s appearance](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/), but is not carried out solely for this purpose. Like most other types of [plastic surgery](http://www.ivorjlim.com/), [reconstructive plastic surgery](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/) can be conducted in most areas of the body:

|  |  |
| --- | --- |
| • | **Skin** |
|  | [Burn care](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/Burn_Care) |
|  | [Repair of Lacerations](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/Repair_of_Lacerations) |
|  | [Keloid Scar Treatment](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/Keloid_Scar_Treatment) |
|  | [Scar Revisions](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/Scar_Revisions) |
|  | [Skin Lesion Removal](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/Skin_Lesion_Removal) |
|  |  |
| • | **Torso** |
|  | [Breast implant removal or replacement](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/Breast_Implant_Removal_or_Replacement) |
|  |  |
| • | **Skin, Veins, Muscles** |
|  | [Microsurgery](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/Microsurgery) |

**Hand surgery:**

[Dr Ivor Lim](http://www.ivorjlim.com/surgeon/) received his undergraduate and fellowship training in the United Kingdom where [Hand Surgery](http://www.ivorjlim.com/procedures/hand_surgery_procedures/) is integral to [Plastic Surgery](http://www.ivorjlim.com/) reconstructive practice. He currently retains close connections with the Department of Hand and Reconstructive Microsurgery at the National University Hospital in Singapore. [Dr Ivor Lim](http://www.ivorjlim.com/surgeon/) is the only [Plastic Surgeon](http://www.ivorjlim.com/surgeon/) in Singapore to also have [Exit Qualifications](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/) in [Hand Surgery](http://www.ivorjlim.com/procedures/hand_surgery_procedures/).

Each hand problem is unique and consultations with a qualified [Hand Surgeon](http://www.ivorjlim.com/surgeon/) are critical to maximally restore function and improve its appearance.

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| • | **Bone and Joint** |
|  | [Arthritis Hand and Finger Joints](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Arthritis_Hand_and_Finger_joints/) |
|  | [Arthritis Rheumatoid](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Arthritis_Rheumatoid/) |
|  |  |
| • | **Skin and Soft Tissue** |
|  | [Dupuytren’s Disease](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Dupuytren%27s_Disease/) |
|  | [Soft tissue and Bone Tumours of the Hand](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Soft_Tissue_and_Bone_Tumours_of_the_Hand/) |
|  | [Ganglion Cysts](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Ganglion_Cysts/) |
|  |  |
| • | **Nerves** |
|  | [Carpal Tunnel Syndrome](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Carpall_Tunnel_Syndrome/) |
|  | [Nerve Injury](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Nerve_Injury/) |
|  |  |
| • | **Muscles and Tendons** |
|  | [Extensor Tendon Injuries](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Extensor_Tendon_Injuries/) |
|  | [Flexor Tendon Injuries](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Flexor_Tendon_Injuries/) |
|  | [Hand and Finger Fractures](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Hand_and_Finger_Fractures/) |
|  | [Trigger Finger](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Trigger_Finger/) |
|  |  |
| • | **Others** |
|  | [Traumatic Hand Injuries](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Traumatic_Hand_Injuries/) |
|  | [Birth Defects](http://www.ivorjlim.com/procedures/hand_surgery_procedures/Birth_Defects/) |

Non-invasive facial and body treatments:

In conjunction with and complementing the clinical procedures offered at Ivor J. Lim Plastic Surgery, non-invasive treatments are available in-house where experienced therapists will customize skin treatments for both pre and post operative patients, as well as for those seeking long-term maintenance of skin health.

State-of-the art US FDA or European approved machines are used to safely achieve optimal results to enhance and maintain your appearance.

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| • | **Face Treatments** |
|  |  |
|  | **Deep Cleansing** |
|  | Teen Therapy |
|  | Glycolic Therapy |
|  |  |
|  | **Ultrasonic Microdermabrasion** |
|  | Multi-vitamin Nutrient delivery by Sonophoresis |
|  | Retinol Skin Rejuvenation Therapy |
|  | Collagen Skin Re-hydration Therapy |
|  |  |
| • | **Body Treatments** |
|  | Skin Resurfacing Peel |
|  | Velasmooth™ and Velashape™ Cellulite Reduction & Body Contouring |

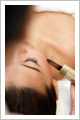
**Doctors credentials:**

Dr Lim received his undergraduate medical training at Cambridge University and St. Thomas's Hospital (London), and qualified [MBBChir (Cambridge)](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/) with the additional degree of an [MA in Pathology](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/) where he investigated the molecular mechanisms for the generation of fever. Dr Lim was first exposed to [Plastic Surgery](http://www.ivorjlim.com/) at the internationally renowned St Thomas's Hospital [Plastic Surgery](http://www.ivorjlim.com/) Unit, and quickly realised that this was the area of [surgery](http://www.ivorjlim.com/procedures/) in which he could excel with his love for fine, delicate, aesthetically refined work.   
  
Dr Lim returned to Singapore and completed his Basic Surgical Training, whereupon he successfully passed examinations and became a Fellow of both the [Royal College of Surgeons of Edinburgh](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/), and the [Royal College of Surgeons of Glasgow](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/). Shortly after, he obtained his [Master of Medicine (Surgery) Degree](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/) at the National University of Singapore, winning the [Yahya Cohen Gold Medal](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/), and successfully gained competitive entrance into [Plastic Surgery](http://www.ivorjlim.com/) Advanced Surgical Training. His [Plastic Surgical](http://www.ivorjlim.com/) training included [Hand Surgery](http://www.ivorjlim.com/procedures/hand_surgery_procedures/) (which remains his reconstructive interest), [General Plastic Surgery](http://www.ivorjlim.com/), Craniofacial and [Cleft Surgery](http://www.ivorjlim.com/procedures/surgery_procedures), [Microsurgical Reconstructive Surgery](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/), [Burns Surgery](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/), and [Cosmetic Surgery](http://www.ivorjlim.com/procedures/surgery_procedures).   
  
On full completion of his [Plastic Surgery](http://www.ivorjlim.com/) training, Dr Lim furthered his exposure in [Plastic Surgery](http://www.ivorjlim.com/) as a Fellow on the prestigious Pan Thames (London) rotation in the United Kingdom. Subsequent to that he obtained his [Exit Certification](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/) in [Plastic Surgery](http://www.ivorjlim.com/), and was conferred [Fellowship to the Academy of Medicine of Singapore](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/), and was admitted to the [Plastic Surgery Specialists](http://www.ivorjlim.com/) Register.   
  
Determined to go the extra mile, Dr Lim then took the additional step of sitting for and passing the [FRCS (Plastic Surgery)](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/) exams held by the Intercollegiate Specialty Boards of the United Kingdom, where he was awarded the [Ian MacGregor Gold Medal](http://www.ivorjlim.com/surgeon/Surgeon_Awards/) in [Plastic Surgery](http://www.ivorjlim.com/). Dr Lim thus became the first [Plastic Surgeon](http://www.ivorjlim.com/surgeon/) in Singapore to receive Full Specialist Qualifications in [Plastic Surgery](http://www.ivorjlim.com/) from the United Kingdom, as well as being the first non-British national to win the [MacGregor Medal](http://www.ivorjlim.com/surgeon/Surgeon_Awards/) - the most prestigious award for British [Plastic Surgery](http://www.ivorjlim.com/).   
  
All through his training, Dr Lim continued with his interest in [Hand Surgery](http://www.ivorjlim.com/procedures/hand_surgery_procedures/), [aesthetics](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/) and [reconstruction](http://www.ivorjlim.com/procedures/reconstructive_plastice_surgery_procedures/), maintained close links with the Department of [Hand and Reconstructive Microsurgery](http://www.ivorjlim.com/procedures/surgery_procedures), and went on to obtain [Specialist Exit Certification](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/) in [Hand Surgery](http://www.ivorjlim.com/procedures/hand_surgery_procedures/). Dr Lim is the only [Plastic Surgeon](http://www.ivorjlim.com/) in Singapore to have dual Specialist Certification and dual specialised training in both [Plastic Surgery and Hand Surgery](http://www.ivorjlim.com/procedures/surgery_procedures).   
  
Dr Lim's [Cosmetic Surgery](http://www.ivorjlim.com/procedures/surgery_procedures) exposure began at the start of his [Plastic Surgery Advanced Training](http://www.ivorjlim.com/surgeon/Surgeon_Qualifications/), and has been reinforced with exposure to [Cosmetic Surgery](http://www.ivorjlim.com/procedures/surgery_procedures) in England, North America and Korea. His personal interests are in [facial cosmetic surgery](http://www.ivorjlim.com/procedures/surgery_procedures), [laser and light cosmetic applications](http://www.ivorjlim.com/procedures/minimally_invasive_procedures/), [cosmetic breast surgery](http://www.ivorjlim.com/procedures/surgery_procedures) and [body contouring](http://www.ivorjlim.com/procedures/surgery_procedures).   
  
Dr Lim accepted a position as [Consultant Plastic Surgeon](http://www.ivorjlim.com/surgeon/Surgeon_credentials/) and [Consultant Hand Surgeon](http://www.ivorjlim.com/surgeon/Surgeon_credentials/) at the National University Hospital on completion of his training.   
  
Academically, Dr Lim has been on Faculty in the Department of Surgery of the National University of Singapore for many years where he started his ground breaking work on [scar biology](http://www.ivorjlim.com/surgeon/Surgeon_Research_Achievements/) with his close friend and colleague Dr Phan Toan Thang, and remains to this day an adjunct Associate Professor in the Department. He continues to regularly teach and conduct research there.

**Dr. Lim photo** 

[Consultant Plastic and Cosmetic Surgeon](http://www.ivorjlim.com/surgeon) • [Consultant Hand Surgeon](http://www.ivorjlim.com/surgeon) • Adjunct Associate Professor in Surgery, National University of Singapore • Member, Singapore Association of [Plastic Surgeons](http://www.ivorjlim.com/surgeon) • Member, Singapore Association of [Cosmetic (Aesthetic) Surgeons](http://www.ivorjlim.com/surgeon) • Overseas Associate Member, British Association of [Plastic Surgeons](http://www.ivorjlim.com/surgeon) • Full Active Member, North American [Plastic Surgery](http://www.ivorjlim.com/surgeon) Research Council • Army Major, S3, HQ 3rd Combat Support Hospital, Singapore Armed Forces • Director, [Skin Cell Research](http://www.ivorjlim.com/surgeon/Surgeon_Research_Achievements/) Group, National University of Singapore • Founder and Medical Director, [Cell Research](http://www.ivorjlim.com/surgeon/Surgeon_Research_Achievements/) Corporation, Singapore • Founder and Medical Director, CordLabs, Singapore

Awards of Dr lim: Pre-University Scholarship, Singapore • Summer Undergraduate Research Fellowship, Rockefeller University, New York, USA • Yahya Cohen Gold Medal in [Surgery](http://www.ivorjlim.com/procedures/), Singapore • Saleh M Shenaq International Research Award, [Plastic Surgery](http://www.ivorjlim.com/procedures/) Research Council, USA • Ian MacGregor Gold Medal in Plastic Surgery, British Association of [Plastic Surgeons](http://www.ivorjlim.com/surgeon), UK

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